

# UNIVERSITY OF BUCKINGHAM

## STATEMENT ON RESPONSIBLE ALCOHOL CONSUMPTION

The University of Buckingham aims to provide a safe, healthy and high-quality study, living and work environment for all of our students. As part of this we are committed to raising awareness of responsible drinking by encouraging a healthy relationship with alcohol. Our priority is to ensure our students understand the effects of alcohol on their body and associated risks related to alcohol consumption in order to make informed choices.

The University wants to ensure students get the advice and support they need so encourages any student with concerns to contact the Wellbeing & Drug Awareness Adviser. Information and advice will also be regularly provided to the student body throughout their time on campus alongside individual contact being made if concerns are received.

### **Commitments**

#### Inform

- To champion and meet our obligations under the Responsible Alcohol Consumption Policy.
- To Safeguard all our U18's by ensuring they are aware of the UK Laws regarding alcohol .
- To provide alcohol-related information and advice (via several sources) to the student body throughout the year.
- Through our information campaigns encourage students to change attitudes and develop new social norms for responsible drinking.

#### Support

- Provide on-going advice and guidance to students who are involved in any alcohol-related incidents or find themselves in an unhealthy relationship with alcohol.
- Provide individual interventions for any students who have re-occurring alcohol-related concerns.
- Ensure support arrangements are in place at any event held on university premises to enable excessively intoxicated students to get them home safely.

#### Take action

- Champion non-alcohol based activities/events/drinks to be included as standard at events held on University premises.
- Ensure non-alcoholic drinks are available at the same, or lower price, than their alcoholic counterparts, including any promotions, at events held on University premises.
- Work with the Student Union to ensure Sports Societies support drinking responsibly and are aware of their roles in preventing extreme initiations.

24 April 2023